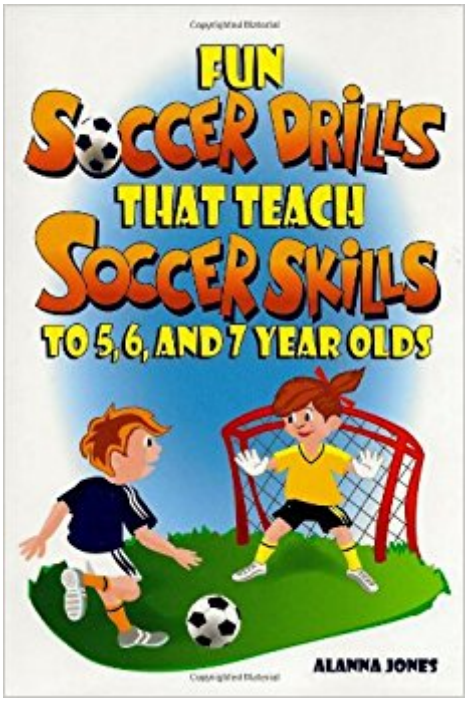
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Fun Soccer Drills That Teach Soccer Skills To 5, 6, And 7 Year Olds



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Synopsis

This book provides 117 drills for teaching soccer skills through fun, easy to use games. The drills are designed to teach the fundamentals of soccer in an enjoyable, positive manner that keeps children focused, engaged, and entertained. Your team will get a great workout, maximum touches on the ball, and develop the basic soccer skills needed to be successful soccer players. Whether you have never coached soccer before or are an experienced coach, you will find useful drills in this book to hold the attention of 5, 6, and 7 year olds! In addition to the 117 soccer drills found in this book you will find 107 variations so there is always a fresh way to teach or reinforce a skill. Topics covered: Warm up, Dribbling, Defending, Passing, Receiving, Long Kicks, Shooting, Team Play, Throw-ins

Book Information

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Customer Reviews

Alanna Jones is an experienced youth soccer coach who holds a National USSF D coaching license. She has a degree in Recreation and is the author of four popular books filled with group games for youth. Alanna combines her knowledge of soccer with her knowledge of interactive games to create a book filled with fun soccer drills for kids. Alanna is currently the Girls Junior Varsity soccer coach for the local high school where she lives. She also coaches at various soccer day camps for young children during the summer.

I volunteered to coach my daughter's soccer team when we were left coachless. The drills in this book are divided by skill, but many drills cover a few skills. Each drill is made out to be a game and

emphasis is placed on ensuring the drills go quickly with the most "touches on the ball" as possible while still making it fun and worthwhile.For future additions it would be nice if the drill/games were given clever names. It makes it easier to sell a game/drill to this age range when you can call it a fun name. I may just make up my own names for these this season anyway.

I bought this so I could coach my daughter's soccer team. It definitely came in handy for a first time coach. It is full of good drills and games that teaches soccer skills to yooung players. If you need a few good tips or new to coaching young kids it is a must!

good simple drill book. Some of the drills seem a little too advanced for my daughter's U-8 team, but the team is very young. I'm sure they will grow into it.

I purchased hoping for a book that would help me develop the skills of my son. Although many of the drills can be adapted the thrust of the book is centered around guiding a coach in drilling their team.

For a first time coach I think this is a good resource. It has helped me to run a good practice, the kids seem to like most of these drills.

arrived in a timely manner and in great condition, it just wasn't what I was looking for with childrens soccer, to many standing in line activities which does not work for players this young.

It's a great book but I wouldn't use it on the younger group, my kids I am coaching had a hard time with some if the drills.

Very helpful drills for even 4 years of age.

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